

MENTAL HEALTH CARERS ARAFMI CALENDAR OF EVENTS

JAN 2012

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
<u>16</u>	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEB 2012

M	T	W	T	F	S	S
		1	2	3	4	5
<u>6</u>	7	8	9	10	11	12
<u>13</u>	14	15	16	17	18	19
<u>20</u>	21	22	23	24	25	26
27	28	29				

MAR 2012

M	T	W	T	F	S	S
			1	2	3	4
<u>5</u>	6	7	8	9	10	11
<u>12</u>	13	14	15	16	17	18
<u>19</u>	20	21	22	23	24	25
26	27	28	29	30	31	

APR 2012

M	T	W	T	F	S	S
						1
<u>2</u>	3	4	5	6	7	8
<u>9</u>	10	11	12	13	14	15
<u>16</u>	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**Mental Health Carers
ARAFMI CENTRAL COAST**



Email: ccarafmi@bigpond.net.au
Website: www.ccarafmi.org.au
Phone: 4369 4233
Fax: 4363 1069

Location:

6/20-22 Kincumber St
 Phone: 0243694233
 Kincumber NSW 2251

PO Box 6159
 Kincumber NSW 2251

Notes:

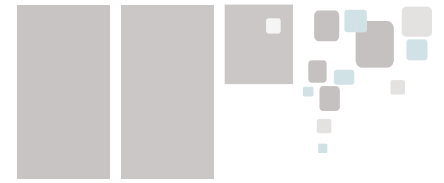
Green underlined dates are definite dates for the Woy Woy Support Group. Held in the CWA Hall, The Boulevard, Woy Woy from 9.30am to 11.30am.

Numbers highlighted in yellow are the proposed dates for the Carers Interest Group. Please check out the current flyer or ring our office to confirm.

Blue underlined dates are for Family Drug Support (FDS) Meetings held at Kincumber Arafmi office from 7pm – 9pm.



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MAY 2012

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JUN 2012

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JUL 2012

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

AUG 2012

M	T	W	T	F	S
		1	2	3	4
6	7	8	9	10	11
13	14	15	16	17	18
20	21	22	23	24	25
27	28	29	30	31	

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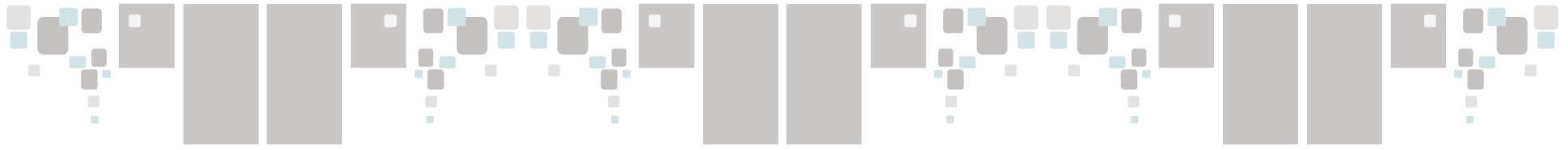
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SEP 2012

M	T	W	T	F	S	S
					1	2
<u>3</u>	4	5	6	7	8	9
<u>10</u>	11	12	13	14	15	16
<u>17</u>	18	19	20	21	22	23
24	25	26	27	28	29	30

OCT 2012

M	T	W	T	F	S	S
<u>1</u>	2	3	4	5	6	7
<u>8</u>	9	10	11	12	13	14
<u>15</u>	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOV 2012

M	T	W	T	F	S	S
			1	2	3	4
<u>5</u>	6	7	8	9	10	11
<u>12</u>	13	14	15	16	17	18
<u>19</u>	20	21	22	23	24	25
26	27	28	29	30		

DEC 2012

M	T	W	T	F	S	S
					1	2
<u>3</u>	4	5	6	7	8	9
<u>10</u>	11	12	13	14	15	16
<u>17</u>	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

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October is Mental Health Month. Please check our website and local papers for events during this month

Carer's Week also occurs during October. Please check our website for activities.

Carer's Christmas party highlighted in red.