

2012 CARERS' INTEREST GROUP CALENDAR

Thursday 8th March

Morning Tea at Japanese Gardens.

Thursday 12th April

Art Gallery of NSW – Archibald Prize Exhibition – Travel to Sydney by bus- Meet @ Kincumber cottage 9.30am returning approximately 4.30pm. Bring or buy lunch at the Gallery, then tour starts at 1.15pm. Cost of entry \$10, including guided tour of paintings and artists.

Wednesday 2nd May

Henry Kendal Cottage + lunch – Meet at the Cottage 10.30 am - 25-27 Henry Kendall Street, West Gosford - Entry Fee \$4 for adults \$3 concession Afterwards lunch @ Gosford RSL coffee shop

Wednesday 6th June

Morning Melodies @ Laycock Theatre. Come and see **Neil Hanson in 'Something for Everybody'** Cost \$12 including a complementary morning tea. Show starts at 11am. Please contact Helen Wotherspoon via Kincumber office on 4369 4233.

Thursday 12th July

Show & Tell – Carers' opportunity to talk about their interests and hobbies + morning tea. Meet at Kincumber cottage 10am – 12noon.

Thursday 16th August

Trip to Neutral Bay to see May Gibbs cottage 'Nutcote' Bus leaves Kincumber cottage @ 9am Group admission price is \$5.50 per person and includes (Entry to house and gardens). Lunch can be bought at the coffee shop for \$12.00 (tea/coffee/sandwich/cake)

Thursday 13th September

Morning tea @ Bamboo Buddha @ 10.30am – 12noon - 221 Wattle Tree Rd, Holgate. \$12.50 includes scrumptious selection of homemade treats & a large tea or coffee.

Thursday 11th October

Feeling good with Phil – Qi Gong – Learn the technique of gentle relaxation and stretches 10 – 12 noon. Venue will be at Yakkalla Cottage, Bateau Bay. Please ring if you need transport.

Thursday 8th November

Sydney excursion to the Garden of Inspiration. Details to be advised

December

Carers' Christmas Party – Venue to be decided

We don't want any of our carers to miss out because they cannot get to the venue.

Please ring our office and we will arrange for you to be picked up.

*Please note the above calendar is a draft document and some of the dates and activities listed may change. A brochure every month will still be sent to let you know of the next month's activity. Please ring **4369 4233** to receive a brochure if you would like to have one posted or emailed to you. Looking forward to seeing you there.*